

GHRP-2

PEPTIDES

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IMPORTANT: Read This Before Proceeding With Dosing Go to the Prep & Injection Guide for proper reconstitution, syringe sizing, and injection protocols. Mistakes here can compromise your research. the Prep & Injection Guide GHRP-2 (Growth Hormone Releasing Peptide-2) GHRP-2 is a synthetic peptide and ghrelin agonist that binds to the growth hormone secretagogue receptor (GHS-R). It stimulates the pituitary gland to release growth hormone (GH) in short, powerful pulses, making it a potent tool for muscle building , fat loss , anti-aging , and cardiovascular protection . It is especially popular among bodybuilders and athletes for fast lean mass gains. **MECHANISM OF ACTION** GHRP-2 mimics ghrelin , a hunger hormone produced in the stomach. This interaction: Stimulates GH release Enhances insulin regulation Promotes cardiovascular and immune protection **KEY BENEFITS** Increases growth hormone secretion via GHS-R binding Enhances lean muscle growth and prevents muscle breakdown Promotes lipolysis and reduces body fat Strengthens bones and supports calcium regulation Stimulates appetite (to assist with bulking) Offers anti-aging and neuroprotective effects Improves sleep quality and REM cycles Supports heart cell survival and repair Enhances thymic function and immune response May reduce liver inflammation and stimulate healing via localized stem cell activity Boosts mood and reduces impulsivity **GHRP-2 vs GHRP-6 SIMILARITIES** Both mimic ghrelin to stimulate GH Both cause short bursts (pulses) of GH release Both effective for mass gain and body recomposition **DIFFERENCES** GHRP-2 is more potent overall GHRP-2: risk of desensitization- must cycle GHRP-6: more water retention and milder appetite effect **POSSIBLE SIDE EFFECTS** Increased hunger Water retention or bloating Fatigue (particularly during adaptive phase) Elevated blood sugar levels Injection site irritation (redness, itching, swelling) **CONTRAINDICATIONS** Do not use GHRP-2 if: You are allergic or hypersensitive to GHRP-2 You are pregnant or breastfeeding You have active cancer You have a late-stage or severe brain disorder **DOES IT COME IN ORAL OR SUBLINGUAL FORM?** No. GHRP-2 is a peptide, and like most peptides, it is destroyed in the digestive tract . Oral, sublingual, or nasal forms are not effective due to low bioavailability. It must be injected subcutaneously. **GHRP-2: 10MG** Mix with 3mL (300 units) of BAC water Use 0.3mL (30 unit) insulin syringes for precise low-dose measurement Subcutaneous administration Cycle length: 8–12 weeks followed by a 4-week washout **Dosing Guidelines** Anti-Aging Protocol: 6 units = 150mcg , once daily before bedtime Performance / Muscle-Building Protocol: 6–9 units = 150–300mcg per day , split across 2–3 doses: 2x/day: Morning (upon waking), Night (1+ hr after dinner) 3x/day: Morning, Post-workout, Night **Stacking Suggestions** Sermorelin – Enhances GH release rhythm and supports deeper recovery Ipamorelin – Pairs well for powerful GH pulse synergy with fewer side effects TB-500 – Adds regenerative benefits for tissue healing, flexibility, and injury support CJC-1295 No DAC – Provides

additional GH stimulation and recovery support BPC-157 – Excellent for systemic healing alongside performance enhancement MK-677 (Ibutamoren) – Extends GH release effect over 24 hours (oral compound)

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