

GHRP-6

PEPTIDES

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IMPORTANT: Read This Before Proceeding With Dosing Go to the Prep & Injection Guide for proper reconstitution, syringe sizing, and injection protocols. Mistakes here can compromise your research. the Prep & Injection Guide GHRP-6 (Growth Hormone Releasing Peptide-6) GHRP-6 is a synthetic hexapeptide that mimics the effects of ghrelin, the body's natural hunger hormone. It binds to the GHS-R (ghrelin receptor) , stimulating the hypothalamus and pituitary gland to release growth hormone (GH) in a pulsatile, natural-like rhythm. It also suppresses somatostatin, a GH inhibitor, making GHRP-6 highly effective for increasing lean muscle mass and accelerating recovery. Benefits Stimulates GH and IGF-1 release for lean muscle growth Promotes lipolysis (fat breakdown) Enhances tissue repair and recovery Increases collagen production for skin, joints, and bones Improves deep sleep and GH secretion overnight Supports immune system regulation Potently increases appetite , helpful for bulking or weight gain GHRP-2 vs GHRP-6 Similarities: Both mimic ghrelin and stimulate GH secretion Both work in short pulsatile bursts Both effective for muscle growth and recovery Differences: GHRP-6 : Low to moderate appetite stimulation GHRP-2 : Strong appetite stimulation GHRP-6 is slightly less potent GHRP-6 = more hunger and water retention GHRP-2 = more fatigue and potential desensitization Side Effects Injection site irritation (redness, swelling, itching) Water retention and bloating Fatigue Temporary increase in cortisol or prolactin Increased appetite (can be an issue for cutting phases) Contraindications Do not use if allergic to GHRP-6 Not for use during pregnancy or breastfeeding Avoid if you have active cancer Not suitable for those with advanced brain disorders Can GHRP-6 Be Taken Orally or Sublingually? No. Like most peptides, GHRP-6 cannot be taken orally due to degradation by stomach enzymes. It must be administered via subcutaneous or intramuscular injection for proper bioavailability. GHRP-6: 10MG Mix with 3mL (300 units) of BAC water Use 0.3mL (30 unit) insulin syringes for accurate microdosing Subcutaneous administration Cycle: 6–12 weeks , followed by a 2–4 week washout period Dosing Guidelines Anti-Aging / Wellness: 3–6 units = 100–200 mcg per day Once daily or split into two doses Performance / Muscle Growth: 9–15 units = 300–500 mcg per day , split into 2–3 doses: Morning (upon waking) Post-workout Before bedtime **IMPORTANT:** GHRP-6 should be taken on an empty stomach . Avoid eating at least 30 minutes after injection , as insulin/glucose presence may increase fat gain due to GHRP-6's lipogenic properties. Unit Conversion Guide 3 units = 100 mcg 6 units = 200 mcg 9 units = 300 mcg 12 units = 400 mcg 15 units = 500 mcg Stacking Suggestions CJC-1295 or Mod GRF (1-29) – Enhances the GH pulse and maximizes anabolic effects GHRP-2 – Increases GH response synergistically IGF-1 LR3 – Boosts muscle recovery and hypertrophy Ipamorelin – Adds additional GH stimulation with low side effects Melanotan 2 – Appetite suppressant that helps counteract hunger from GHRP-6

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