

Lipo-C-2

PEPTIDES

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BREAKDOWN OF INGREDIENTS ATP: Boosts energy (is the primary energy source for cellular energy use and storage); enhances muscular energy output ERIA Jarensis: Mild stimulant derived from the Eria jarensis orchid species. Enhances energy, focus, and mood; appetite suppressant L-Carnitine: Aids in transporting fatty acids into mitochondria to be converted into energy (ATP); plays a direct role in fat utilization Methionine: Supports liver function and fat metabolism; contributes to production of glutathione (antioxidant) Choline: Exports fat from the liver; prevents fat from accumulating in the liver; provides cognitive support Inositol: Improves lipid profiles, improves insulin sensitivity and metabolic regulation; mood stabilizer Lidocaine: Local anesthetic included for injection comfort Benzyl Alcohol: Antimicrobial preservative and co-solvent/stabilizer **POSSIBLE SIDE EFFECTS** Injection site reaction (redness, swelling, itching) Tachycardia (increased heart rate) Jitteriness Anxiety Irritability Sweating Elevated blood pressure Insomnia or lesser sleep disturbances Heart palpitations May cause a change in the smell of your body odor **INTERACTIONS** Stimulant interactions: Eria Jarensis behaves similarly to phenethylamine derivatives. Proceed with extreme caution when combining with the following: Caffeine Ephedrine DMAA/DMHA Albuterol Amphetamine Methamphetamine Methylphenidate Phenelzine Tranylcypromine Pseudoephedrine Phenylephrine Cardiovascular/Electrophysiologic Interactions: ATP: causes vasodilation and can affect cardiac conduction Lidocaine: a sodium channel blocker that affects cardiac conduction at higher exposure Antiarrhythmics: e.g. amiodarone, flecainide Beta blockers/calcium channel blockers: may exaggerate hypotension or bradycardia Nitrates/vasodilators: additive vasodilation, leading to dizziness and hypotension Methylation/Hepatic Load (Lipotropics) May interact with liver-metabolized drugs such as statins, certain antidepressants, and anticonvulsants Altered metabolism (typically mild, but relevant where compromised liver function exists) High-dose niacin or other hepatically active compounds may lead to additive liver stress **Neurologic Interactions** B6 (Pyridoxine): can reduce effectiveness of levodopa (without carbidopa) Stimulant + CNS-active drugs SSRIs, antipsychotics: may cause unpredictable stimulation or anxiety **Clusters of Side Effects** which may signal adverse interaction issues : Rapid Heart Rate/Heart Palpitations/Elevated Blood Pressure (Cardiovascular interaction) Anxiety or Agitation/Insomnia/Headache (Central Nervous System Interaction) **USE WITH CAUTION/UNDER DIRECT MEDICAL SUPERVISION** Anxiety/Panic disorders: the stimulant component may lead to

worse and/or more frequent incidents Those with hyperthyroidism will have an increased sensitivity to stimulants Lipotropic metabolism burden in those with liver disease **CONTRAINDICATIONS** Do not use if you are pregnant or breastfeeding Do not use if you are taking a MAOI Do not use if you have had a recent cardiovascular event (e.g. myocardial infarction, stroke) Do not use if you are hypersensitive to either lidocaine or benzyl alcohol Do not use if you have uncontrolled hypertension or active cardiac arrhythmias **LIPO-C+: Dosing and Related Information** **DO NOT REFRIGERATE OR FREEZE THIS PRODUCT (BEFORE OR AFTER USE)** 8 week (or more) cycle followed by a washout period that is at least half the length of the cycle you ran Fasting not necessary Dose in the morning to avoid sleep disturbance **INTRAMUSCULAR ADMINISTRATION PREFERRED**; subcutaneous is allowed but substantially less effective **Standard Protocol** Take 50-100 units (500-1,000mcg) once per day, 2-3 days per week **Advanced Protocol** Take 50-150 units (500-1,500mcg) once per day, 3-5 days per week **A Note on Crystallization** All products in our Lipolytic line contain a high concentration of multiple ingredients, and when ingredients are concentrated to such a degree, crystallization is common. Furthermore, ingredients like L-Carnitine have a strong tendency to crystallize in certain conditions, especially when subjected to cool temperatures. This is why we warn you to avoid refrigerating or freezing these products before or after use. Unlike with peptides (which there are none of in this formulation), this crystallization is a normal physical change and does not indicate contamination, spoilage, or a loss of potency . **TO DISSOLVE ANY CRYSTALS WHICH MAY HAVE FORMED:** Allow the vial to reach room temperature naturally for several hours. Many crystals will dissolve on their own as the solution warms. Gently swirl the vial periodically. Avoid vigorous shaking, which can cause foaming and unnecessary stress on the solution. Use a lukewarm water bath (not hot water). Placing the sealed vial in water around 90–110°F (32–43°C) for 10–20 minutes often helps restore solubility. Alternate warming and gentle mixing . Sometimes a few cycles of warming and swirling work better than either method alone. Store at a stable temperature. Repeated cooling and warming cycles can encourage crystals to re-form, especially in formulations containing high concentrations of L-Carnitine **WHAT NOT TO DO:** Do not microwave the vial. Do not boil or expose it to excessive heat. Do not shake vial. When adding water, be sure to follow instructions carefully and accurately.

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